

## Wecan Food Basket Society

A not-for-profit organization that believes every individual has a right to quality, fresh, and nutritious food.

### What do I get in a Wecan Food Basket?

*Fresh food is the staple of any healthy diet. Our food baskets offer 3 cuts of frozen meat, 3 types of fresh vegetables and 3 kinds of seasonal fruit every month, along with helpful recipes to prepare healthy meals.*

*Meat orders are \$15 and produce orders are \$10; or a complete food basket of meat, vegetables and fruit is only \$25.*



*Typical complete order.*

### 2012 Food Basket Schedule

Month	Fees Due	Pick Up Thursday	Pick Up Friday
January	6	19	20
February	3	16	17
March	2	15	16
April	5	19	20
May	4	17	18
June	8	21	22
July	6	19	20
August	3	16	17
September	7	20	21
October	5	18	19
November	2	15	16
December	7	20	21



### Wecan Food Basket Society of Alberta

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# STRETCH

## Your Food Budget with Wecan



## Wecan Food Basket Society of Alberta

Phone: 780-413-4525

## About Wecan Food Basket

The Wecan Food Basket Society is based on memberships. Each year, Wecan participants buy a \$5 membership in order to buy fresh food through the society.

The Wecan Food Basket Society operates as a “warehouse without walls” - we buy all our food in bulk and distribute it to depots throughout the Edmonton area. With the help of local churches, community centres, and daycares Wecan is able to host depots in a variety of areas. The food basket program works on the strength of our members who volunteer their time. Once a month, member drivers pick up the food from our supplier, *The Grocery People*, and take it to the depots. Members then count, sort, and pack the baskets ready for pick up.



### The Program

Members prepay for their food basket(s) by the first Friday of each month at their nearest depot. They then return to the depot on the third Thursday—for some depots it is the third Friday—of the month and pick up their food.

**For more information about joining Wecan as a participant or as a volunteer, please call our coordinating centre at 780-413-4525 Tuesdays to Thursdays between 9:00 a.m. and 2:00 p.m. or Friday between 9:00 am and noon.**

## Our Depots

### Central Edmonton:

#### **Bissell Centre:**

10527 96 Street

#### **City Centre:**

McCauley Boys and Girls Club  
9541 108 Avenue

#### **Grant MacEwan: (Seasonal)**

Room 7-292, Grant MacEwan University  
10700 104 Avenue

#### **Inglewood:**

Inglewood Christian Reformed Church  
12330 113 Avenue

#### **McCauley:**

Ashton Apartments  
9335 105 Avenue

### Northeast Edmonton:

#### **Abbottsfeld:**

#240, 3210 118 Avenue  
Abbottsfeld Mall

#### **Beverly:**

Beverly Daycare & Family Resource Centre  
11809 48 Street

#### **Clareview:**

Salvation Army  
1241 Hyndman Road

### North Edmonton:

#### **Alberta Avenue:**

Crystal Kids Youth Centre  
8718 118 Avenue

#### **Calder:**

Castle Downs United Church  
12315 132 Avenue

#### **Coliseum:**

River City Christian Church  
12011 76 Street

#### **Dickensfield:**

First Church of the Nazarene  
14320 94 Street

#### **Glengarry:**

Glengarry Daycare & Family Resource  
13315 89 Street

### South Edmonton

#### **Bader Towers:**

11110 86 Avenue

#### **Michener Park:**

101 Vanier House, 420 Page Avenue  
(48 Avenue & 122 Street)

#### **Millbourne:**

Millwoods Family Resource Centre  
3756 78 Street

### **University:**

Campus Food Bank Office, SUB Basement  
University of Alberta

### Southeast Edmonton:

#### **Strathcona**

Edmonton Moravian Church  
9540 83 Avenue

### West Edmonton

#### **Aldergrove:**

Aldergrove Co-op  
8427-184 Street

#### **Jasper Place:**

JP Child & Family Resource Centre  
16811 88 Avenue

#### **Mayfield:**

Jasper Plaza Childcare Centre  
10034 167 Street

### Greater Edmonton

#### **Barrhead:**

Barrhead Food Bank  
4923 50 Avenue (The Mall)

#### **Fort Saskatchewan:**

Families First Society  
Fort Saskatchewan

#### **Leduc:**

Leduc Food Bank  
4810 49 Avenue

#### **Sherwood Park:**

Family and Community Services  
3 Spruce Avenue, Sherwood Park

#### **St. Albert:**

St. Albert Salvation Army  
165 Liberton Drive, St. Albert

#### **Stony Plain:**

Aboriginal Parent Link  
5413 51 Street, Stony Plain

#### **Wetaskiwin:**

Wetaskiwin and District for Community  
Service  
5211 54 Street, Wetaskiwin

**Thank you to the following for their support.**

